



www.gestaltitaly.com

Competences of a Gestalt Supervisor

A Gestalt supervisor is able

1. to support the therapist:
 - 1.1. to create a safe, clear, supportive and ethical setting for the therapeutic relationship and for the client;
 - 1.2. to recognize her/his own limits and possibilities, style and resources in order to decide whether to work with that specific client or refer her/him to a colleague;

... continue to read the complete list of sub-competences at www.gestalt.it/eng
2. to use all the above mentioned competences in the relationship with the supervisee;
3. to make a clear and fruitful contract of supervision with the supervisee;
4. to adjust her/his way of working according to the setting (continuous or occasional supervision, individual or group supervision, private or institutional setting);
5. to recognize when s/he needs personal or professional support in order to continue her/his work as a supervisor.



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The Istituto di Gestalt was founded in 1979 and it was the first School of Gestalt Therapy Training in Italy. It has made a significant contribution to the development of this psychotherapeutic method in Italy and is now internationally recognized for its original theoretical development of the principles of Gestalt therapy, especially in hermeneutic terms, i.e. in terms of ongoing dialog with the demands of the society in which we live.

From the beginning the Institute was in constant touch with the founders of Gestalt Therapy, Isadore From and Jim Simkin, who were then still alive. Exchanges in the teaching and scientific fields have also been established with the most distinguished of the second-generation Gestalt therapists, Joseph Zinker, Erving Polster, Miriam Polster, Sonia March Nevis, Ed Nevis, Richard Kitzler, Michael Vincent Miller, Ed Lynch, Gary Yontef and others.

From 1982 to 1999 the Institute has trained around 500 students, running 24 four-years Training Programs, as well as various two-years specialization programs (for therapy with seriously disturbed patients, with couples and families; trainings for trainers).

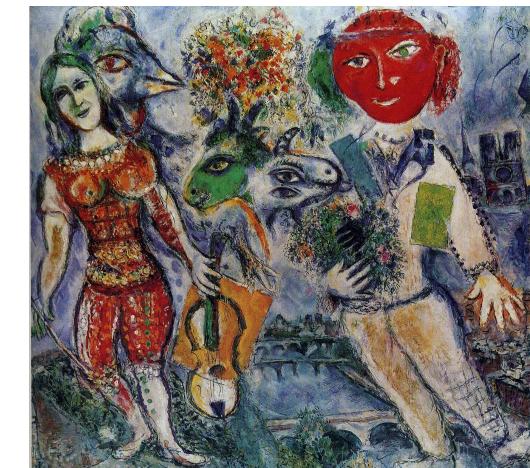
Today Istituto di Gestalt is running Gestalt Therapy courses in Siracusa, Palermo and Milan. It's recognized by the Italian Minister for Universities.

info@gestalt.it
www.gestaltitaly.com

For more information about Istituto's partnership and exchanges in teaching and scientific fields visit
www.gestaltitaly.com



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Marc Chagall (1968), *The Players*

Training for Gestalt Supervisors

Trainers

Margherita Spagnuolo Lobb (Scientific Director)

Jean Marie Robine

Jan Roubal

Miriam Taylor

Two Year International Training Program 2018-2019

In Gestalt therapy supervision is a **fundamental process** and a necessary support for clinical practice.

It's a way of better understanding clinical cases, of critical reflection on the therapeutic situation and relationship, of orientation about the therapeutic process, of increase of awareness about the fields between the therapist and the client and between the supervisor and the supervisee, of **receiving support** from belonging to the professional community in order to offer the **best practice** to the clients.

This training program provides a theoretical and experiential education which aims to develop the skills of a Gestalt supervisor.

Each seminar develops a **theoretical framework** and a **method** to supervise psychotherapists from Gestalt therapy perspective, it will also provide ipervisions (supervision of supervision).

The Gestalt group setting of this training will allow all participants to contribute their **creativity and expertise**, supporting critical reflection at both a theoretical and practical level.

The support and presence of colleagues from **many parts of the world** and the **beauty of Italy** will provide the best environment to nourish one's own skill as a Gestalt supervisor.

Main Topics

First seminar

The experience of the client and the resonance of the therapist: for a field perspective on supervision

Siracusa (Italy), June 20-24, 2018

M. Spagnuolo Lobb

Second seminar

The experience at the contact boundary between therapist and client and between therapist and supervisor

Milano (Italy), November 21-25, 2018

M. Spagnuolo Lobb and J.M. Robine

Third seminar

Supervising traumatic situations, risk of re-traumatizing and support to resilience

Milano (Italy), May 15-19, 2019

M. Spagnuolo Lobb and M. Taylor

Fourth seminar

Ethics, values and the various settings of supervision

Siracusa (Italy), October 30 - November 3, 2019

M. Spagnuolo Lobb and J.Roubal

This training will support Competences for Gestalt Supervisors.

A list of competences is available at

www.gestaltitaly.com

Schedule

Four seminars of 30 hours each (120 hours in total), starting on Wednesday at 3 pm and ending on Sunday at 1,30 pm, with the following format:

Wednesday from 3,00 pm to 7,00 pm;

Thursday until Saturday from 9,30 am to 6,00 pm;

Sunday from 9,00 am to 1,30 pm.

Language

English

Location

Siracusa, Italy (first and fourth seminar)

Milano, Italy (second and third seminar)

Cost

800 Euro per seminar (board and lodging excluded)

Participants

Gestalt psychotherapists who have at least 5 years of clinical experience after graduation. Maximum 20 people.

Information

www.gestaltitaly.com

info@gestalt.it

Registration

Through the site www.gestaltitaly.com
Registration commits participants to attend and pay for the four seminars.
A CV is required.

Accommodation

Information on different categories of accommodation in the area where the training will take place (the historical center of Milano and Siracusa) will be provided.

Diploma

The diploma of Gestalt Supervisor is awarded to those who attend the full programme and who meet the evaluation criteria (according to the competences described in the site www.gestaltitaly.com).

The training program is in accordance with the EAGT training standards for supervisors.