

Founded in 1979 as the first School of Gestalt Therapy Training in Italy, the Istituto di Gestalt has made a significant contribution to the development of this psychotherapeutic method in Italy and is now internationally recognized for its original theoretical development of the principles of Gestalt therapy, especially in hermeneutic terms, i.e. in terms of ongoing dialogue with the demands of the society in which we live.

The Institute is rooted in the "relational" tradition of Gestalt therapy. From the beginning it was in constant touch with the founders and with the most distinguished of the second-generation Gestalt therapists. It has fostered scientific dialogue with other modalities and with contemporary studies on development and intersubjective processes, neurosciences, psychopathology and research on clinical practice. Its trainers and associates form a teaching/learning community, who are now engaged in international debate on the application of the field perspective in development and psychopathology from an aesthetic and phenomenological frame of reference. The therapeutic encounter is seen as a co-created situation where the therapist experiences the client's suffering as part of a field, and uses her/his Aesthetic Relational Knowledge to support a new "dance" in their contact-making.

The Istituto di Gestalt is recognized by the Italian Minister for the Universities, and by the European Association for Gestalt Therapy (EAGT). It runs various international programs in English: "**Psychopathology** and contemporary disturbances in a field perspective", programs for Gestalt **Supervisors** (in line with EAGT rules), Summer **Retreats for psychotherapists**. The programs are usually organized in the 3 accredited premises: Milano, Siracusa, Palermo.

The Institute also organizes programs abroad, in cooperation with other Institutes.

Trainers of this program



Michele Cannavò
(Italy)



Vincenzo Caretti
(Italy)



Lynne Jacobs
(USA)



James Kepner
(USA)



Sergio La Rosa
(Argentina)



Betram Müller
(Germany)



Antonio Narzisi
(Italy)



Jan Roubal
(Czech Republic)



Margherita Spagnuolo Lobb
(Italy)



Miriam Taylor
(United Kingdom)



Carmen Vazquez Bandin
(Spain)

Advanced International Training

A GESTALT THERAPY FIELD APPROACH TO DEVELOPMENT AND PSYCHOPATHOLOGY

Director

Margherita Spagnuolo Lobb
Ph. D. Psychol. Psychoth.

Milano Roma Siracusa Palermo
ITALY

2019 - 2021 / 2021 - 2023

Participants

Maximum 30 people, previous training in Gestalt therapy and a minimum of clinical experience is required.

Language

English

Year Schedule

Two 5-day seminars per year (from Wednesday to Sunday, 34 hours per seminar).

Seminar Time Schedule:

Wednesday: 2 pm - 7 pm

Thursday, Friday, Saturday: 9 am - 1 pm / 2 pm - 6 pm

Sunday: 9 am - 2 pm

Accommodation

Information on different categories of accommodation in the area where the training will take place (the historical center of Roma, Milano, Siracusa and Palermo) will be provided.

Classical Performances at Greek Theatre

Participants will be able to see performances at the Greek Theatre – with a discount – from mid May till mid June, during the two seminars in Siracusa.

Cost

700 Euro per seminar (board and lodging excluded). Discounts are available for those who attend at least one two-year program.

550 Euro per seminar for the first five places for colleagues from Eastern European Countries (board and lodging excluded).

It's possible to attend the whole four-year program as well as just one of the two two-year programs.

Those participants who cannot attend one or more seminars will be admitted to participate to the same seminar(s) of the next edition.

Information

info@gestalt.it

www.gestaltitaly.com

Registration

Through the site

www.gestaltitaly.com

First Program

Development and the body in clinical practice and neurosciences

October 16-20, 2019 - Milano

Development and psychopathology as a function of the field: the Aesthetic Relational Knowledge
Margherita Spagnuolo Lobb

Embodied adaptations to dilemmas of contact in development and neurosciences
James Kepner

March 25-29, 2020 - Roma

Sexual issues and suffering connected with gender
Margherita Spagnuolo Lobb

Attachment disturbances and antisocial behaviors
Vincenzo Caretti (two hours lesson)

Anxiety disturbances, phobia and panic disorder
Bertram Müller

November 11-15, 2020 - Palermo

Personality disorders: the development of narcissistic experiences
Margherita Spagnuolo Lobb

Psychosomatic disorders
Carmen Vazquez Bandin

June 2-6, 2021 - Siracusa

Trauma and post-traumatic disorders
Miriam Taylor

Suffering fields of contact: the use of co-therapy as a triadic field - **Margherita Spagnuolo Lobb** (with **Sergio La Rosa** on Friday and Saturday)

Second Program

Psychopathological issues and research in clinical practice

November 10-14, 2021 - Milano

Eating disorders.
The dance steps between therapist and client: an observational tool for research and supervision
Margherita Spagnuolo Lobb

Schizoid Adaptation
Lynne Jacobs

March 23-27, 2022 - Roma

Personality disorders: borderline experiences
Margherita Spagnuolo Lobb

Disturbances of Autistic Spectrum
Antonio Narzisi

November 9-13, 2022 - Palermo

Obsessive and compulsive experiences
Margherita Spagnuolo Lobb

Depressive experiences.
Using the single case study in clinical practice
Jan Roubal

May 31-June 4, 2023 - Siracusa

Dissociation and violence in intimate and social contexts
Margherita Spagnuolo Lobb

Psychotic experiences
Margherita Spagnuolo Lobb (with **Michele Cannavò** on Friday and Saturday)

A training to improve your clinical practice with new developments in Gestalt therapy, neurosciences, phenomenology and research

As Gestalt therapists, how can we approach developmental processes, psychopathology and diagnosis?

How does our theory open **new horizons** on primary relationships, human suffering and contemporary disturbances?

How does this change our daily practice in **supporting people** who suffer?

This International Training provides a coherent method to approach **new clinical issues** related to development, psychopathology and research in clinical practice.

