

**Margherita Spagnuolo Lobb's Books**  
from The Gestalt Therapy Book Series  
Istituto di Gestalt HCC Italy

**The Now-for-Next  
in Psychotherapy**

Gestalt Therapy Recounted  
in Post-Modern Society

by

*Margherita Spagnuolo Lobb*

Preface by  
*Donna Orange*



The Istituto di Gestalt was founded in 1979 and it was the first School of Gestalt therapy training in Italy.

It has made a significant contribution to the development of this psychotherapeutic method in Italy and is now internationally recognized for its original theoretical development of the principles of Gestalt therapy, especially in hermeneutic terms, i.e. in terms of ongoing dialog with the demands of the society in which we live.

From the beginning the Institute was in constant touch with the founders of Gestalt therapy, especially with Isadore From.

Exchanges in the teaching and scientific fields have also been established with the most distinguished of the second-generation Gestalt therapists, Joseph Zinker, Erving Polster, Miriam Polster, Sonia March Nevis, Ed Nevis, Richard Kitzler, Michael Vincent Miller, Ed Lynch, Gary Yontef and others.

Today Istituto di Gestalt is running Gestalt therapy courses in Siracusa, Palermo and Milan.

The Institute is recognized by the Italian Minister for Universities and by the European Association for Gestalt Therapy (EAGT).

For more information about Istituto's partnership and exchanges in teaching and scientific fields visit [www.gestaltitaly.com](http://www.gestaltitaly.com)

**Gestalt Therapy  
with Children**

From Epistemology  
to Clinical Practice

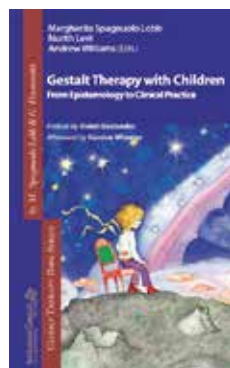
Edited by

*Margherita Spagnuolo Lobb,  
Nurith Levi, Andrew Williams*

Preface by

*Violet Oaklander*

Afterword by *Gordon Wheeler*



Books available at [www.gestaltitaly.com](http://www.gestaltitaly.com)

[info@gestalt.it](mailto:info@gestalt.it)  
[www.gestaltitaly.com](http://www.gestaltitaly.com)

**SUMMER PROGRAMME  
FOR  
GESTALT PSYCHOTHERAPISTS**

*A space and time for yourself and  
an update on new clinical issues*

**TRAINER**

*Margherita Spagnuolo Lobb  
Dr. Psychologist, Psychotherapist*

Siracusa (Italy)  
July 24-28, 2019



## Summer Programme for Gestalt Psychotherapists

One of the most important (and forgotten) issues for psychotherapists is to take care of oneself and to give oneself time and space to breathe, concentrate, to be able to accept the support of someone else. The world is changing fast. Globalization, dislocation, the threat of terrorism and economic challenges are having significant effects on clients and their communities.

This programme will provide participants an opportunity to explore the impact of these challenges for them, their clients, and for the development of Gestalt psychotherapy. This summer retreat will offer you the possibility to work on yourself, while being updated on contemporary Gestalt therapy theory and to reflect on the application of Gestalt therapy principles to today's clinical problems.

And of course - to have good Italian food, swim in the Ionian Sea, and visit many historical (Greek and Roman) sites



The program is led by **Margherita Spagnuolo Lobb** psychologist, psychotherapist and researcher, international trainer, Director of the Istituto di Gestalt HCC Italy (Siracusa, Palermo and Milan), a post graduate school of Gestalt psychotherapy recognized by the Italian Minister for Universities and Research and by the European Association for Gestalt Therapy (EAGT).

A former president of the European Association for Gestalt Therapy (EAGT), of the Italian Federation of Gestalt Therapy Schools (FISIG), and of the Italian Federation of all Psychotherapy Methods (FIAP), she is founder and honorary president of the Italian Association of Gestalt Psychotherapists (SIPG), full member of the New York Institute of Gestalt Therapy (NYIGT), of Society of Psychotherapy Research (SPR), of Gestalt Theory and its Applications (GTA).

In her clinical work, she has hermeneutical applied Gestalt therapy principles to develop a relational, field oriented, phenomenological and aesthetic approach. Recently she has been developing the integrative experience of suffering of the "between" (a new field view on psychopathology) and development.

Her book - *The Now for Next in Psychotherapy. Gestalt Therapy Recounted in Post Modern Society* - is available in 8 languages.

See more on her work and writings in [www.gestaltitaly.com](http://www.gestaltitaly.com)

### Language

English

### Location

The seminar will take place at the seaside in Siracuse. It will be possible to swim during breaks and after 6pm everyday, and to visit nearby historical places like Ortigia and Noto.

A list of B&Bs and hotels will be provided to participants.

### Cost

700 Euro (board and lodging excluded).

550 Euro for the first five colleagues from Eastern European Countries (board and lodging excluded).

### Participants

Gestalt psychotherapists. Maximum 20 people.

### Information

[www.gestaltitaly.com](http://www.gestaltitaly.com)

[info@gestalt.it](mailto:info@gestalt.it)

### Registration

Through the site [www.gestaltitaly.com](http://www.gestaltitaly.com)

A CV is required.

### Certificate

A certificate of attendance will be awarded to participants.

## Programme

### Wednesday, July 24, 2019

3:00 pm - 8:00 pm

Participants' introduction.

Being a psychotherapist in contemporary society: current clinical practice in different cultures.

Work in small groups.

### Thursday, July 25, 2019

10:00 am - 1:00 pm

Personal work.

3:00 pm - 6:00 pm

Theory update: development of society and contemporary clinical issues.

Work in small groups and personal work.

### Friday, July 26, 2019

10:00 am - 1:00 pm

Personal work.

Theory update: bodily and emotional desensitization in a globalized world.

3:00 pm - 6:00 pm

Personal work.

### Saturday, July 27, 2019

10:00 am - 1:00 pm

Personal work.

Theory update: fear of death and the need for rootedness in Gestalt therapy clinical practice.

3:00 pm - 6:00 pm

Work in small groups and personal work.

### Sunday, July 28, 2019

10:00 am - 1:00 pm

Personal work.

Our own personality and id-functioning today. Good bye.

