

The Istituto di Gestalt HCC Italy was founded in 1979 and it was the first School of Gestalt Therapy Training in Italy. The Institute has made a significant contribution to the development of this psychotherapeutic method in Italy, now it is internationally recognized for its original theoretical development of the principles of Gestalt therapy, especially in hermeneutic terms. As an example in terms of ongoing dialog with the demands of the society in which we live. From the beginning the Institute was in constant communication with the founders of Gestalt therapy, in particular Isadore From, who were then still alive.

Exchanges in the teaching and scientific fields have also been established with the most distinguished of the second-generation Gestalt therapists, Joseph Zinker, Erving Polster, Miriam Polster, Sonia March Nevis, Ed Nevis, Richard Kitzler, Michael Vincent Miller, Ed Lynch, Gary Yontef and others. From 1982 to 2018 the Institute has trained around one-thousand students, offering 36 four-year Training Programs in Italy, as well as various two-year master programs in Italy and abroad (psychopathology and contemporary disturbances; Gestalt therapy with couples; Gestalt therapy with children; etc.). Today Istituto di Gestalt is offering Gestalt therapy programs in Siracusa, Palermo, Milan, Rome and abroad, in cooperation with other Institutes.

It's recognized by the Minister for the Italian Universities and by the European Association for Gestalt Therapy (EAGT).



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For more information about Istituto's partnership and exchanges in teaching and scientific fields visit
www.gestaltitaly.com

Marc Chagall (1968), *The Players*

Training for Gestalt Supervisors

Two Year International Training Program 2020 - 2021

Trainers

Margherita **Spagnuolo Lobb** (Scientific Director) - Jean Marie **Robine**
Jan **Roubal** - Miriam **Taylor**

MAIN TOPICS

First seminar

The experience of the client and the resonance of the therapist: for a field perspective on psychotherapy, supervision and hypervision

Siracusa (Italy), June 10-14, 2020
M. Spagnuolo Lobb

Second seminar

The experience at the contact boundary between therapist and client, between therapist and supervisor and between supervisor and hypervisor

Milano (Italy), October 21-25, 2020
M. Spagnuolo Lobb and J.M. Robine

Third seminar

Supervising traumatic situations, risk of re-traumatizing and support to resilience

Milano (Italy), May 26-30, 2021
M. Spagnuolo Lobb and M. Taylor

Fourth seminar

Ethics, values, case formulation and the various settings of supervision and hypervision

Siracusa (Italy), October 27-31, 2021
M. Spagnuolo Lobb and J.Roubal

In Gestalt therapy supervision is a **fundamental process**, a learning environment and a necessary support for clinical practice.

This process is a means to better understand clinical cases, to reflect on the therapeutic situation and relationship, to orient oneself in the therapeutic process. In addition, it increases awareness about the fields created by therapist and client and by supervisor and supervisee, and **provides support** from belonging to the professional community in order to be able to offer the **best possible practice** for clients.

This training program provides a theoretical and experiential education which aims to develop the skills of a Gestalt supervisor.

Each seminar develops a **theoretical framework** and a **method** to supervise psychotherapists from Gestalt therapy perspective. It will also provide hypervisions (supervision of supervision).

The Gestalt group setting of this training will allow all participants to contribute their **creativity and expertise**, supporting critical reflection at both a theoretical and practical level.

The support and presence of colleagues from **many parts of the world** and the **beauty of Italy** will provide the best environment to nourish one's own skill as a Gestalt supervisor.

Schedule

Four seminars of 30 hours each (120 hours in total), starting on Wednesday at 2,30 pm and ending on Sunday at 1,30 pm, with the following format: Wednesday from 2,30 pm to 7,00 pm; Thursday until Saturday from 9,30 am to 6,00 pm; Sunday from 9,00 am to 1,30 pm.

Language: English

Location: Siracusa, Italy (1st- 4th seminar)
Milano, Italy (2nd- 3rd seminar)

Cost: € 800 per seminar; € 650 per seminar for the first five places for colleagues from Eastern European Countries (board and lodging excluded)

Participants: Gestalt psychotherapists who have at least 5 years of clinical experience after graduation. Maximum 20 people.

Information and Registration: Through the site www.gestaltitaly.com
Registration commits participants to attend and pay for the four seminars.
A CV will be required.

Accommodation: Information on different categories of accommodation in the area where the training will take place (the historical center of Milano and Siracusa) will be provided. During the first seminar, in Siracusa, participants will have the possibility to see performances of Greek Classical Plays, in the Greek Theater.

Diploma: The diploma of Gestalt Supervisor is awarded to those who attend the full programme and who meet the evaluation criteria (according to the competences described in the site www.gestaltitaly.com).

The training program is in accordance with the EAGT training standards for supervisors.

Competences of a Gestalt Supervisor

A Gestalt supervisor is able

1. to support the therapist:
 - 1.1. to create a safe, clear, supportive and ethical setting for the therapeutic relationship and for the client;
 - 1.2. to recognize her/his own limits and possibilities, style and resources in order to decide whether to work with that specific client or refer her/him to a colleague;
- ...continue to read the complete list of subcompetences at www.gestaltitaly.com
2. to use all the above mentioned competences in the relationship with the supervisee;
 3. to make a clear and fruitful contract of supervision with the supervisee;
 4. to adjust her/his way of working according to the setting (continuous or occasional supervision, individual or group supervision, private or institutional setting);
 5. to recognize when s/he needs personal or professional support in order to continue her/his work as a supervisors.