

# Margherita Spagnuolo Lobb – suggested readings

Margherita Spagnuolo Lobb, psychologist, licensed psychotherapist, international trainer, director since 1979 of the Istituto di Gestalt HCC Italy, approved by the Italian Minister for the Universities (Milan, Palermo and Siracuse). She trained with Isadore From (who was also her therapist) and with Erving and Miriam Polster; Daniel Stern has been an important trainer of hers. Past President of the European Association for Gestalt Therapy (EAGT), Founder and Honorary President of the Italian Association for Gestalt Psychotherapy (SIPG).

## Books

Spagnuolo Lobb M., Levi N., Williams A. D. (2016) (Eds.). *Gestalt Therapy with Children: From Epistemology to Clinical Practice*. Siracuse: Istituto di Gestalt HCC Italy Publ. (<http://www.gestaltitaly.com>).

Spagnuolo Lobb M. (2013). *The Now-for-Next in Psychotherapy. Gestalt Therapy Recounted in Post-Modern Society*. Siracuse: Istituto di Gestalt HCC Italy Publ. (<http://www.gestaltitaly.com>) (available in English, Russian, Spanish, French, Italian, Romanian, other translations in due course).

M. Spagnuolo Lobb & N. Amendt-Lyon (Eds.) (2003), *Creative license: The Art of Gestalt Therapy*, Vienna & New York: Springer (*French* translation: L'Exprimerie 2004; *German* translation: Springer 2004; *Italian* translation: Angeli 2007)

## Forthcoming:

Spagnuolo Lobb M., Meulmeester F. (Eds.). *Gestalt Therapy Approaches with Organizations*. Siracuse: Istituto di Gestalt HCC Italy Publ. (<http://www.gestaltitaly.com>).

## Articles in scientific journals

Spagnuolo Lobb M. (2018). Aesthetic Relational Knowledge of the Field: A Revised Concept of Awareness in Gestalt Therapy and Contemporary Psychiatry. *Gestalt Review*, vol.22 | n.1 | 2018, pp. 50-68.

Spagnuolo Lobb M. (2017). Phenomenology and aesthetic recognition of the dance between psychotherapist and client: a clinical example. *British Gestalt Journal*, vol. 26, n. 2, pp. 50.56.

Spagnuolo Lobb M. (2017). Die Psychotherapie in der postmodernen Gesellschaft. *Gestalt Therapie*, vol. 31, n. 1, pp. 3-25

Spagnuolo Lobb M. (2017). From losses of ego functions to the dance steps between psychotherapist and client. Phenomenology and aesthetics of contact in the psychotherapeutic field. *British Gestalt Journal*, vol. 26, n. 1, pp. 28.37.

Spagnuolo Lobb M. (2016). Psychotherapy in Post Modern Society. *Gestalt Today Malta*. Vol. 1. N.1, Nov. 2016, pp. 97-113. ISSN 2519-0547

Spagnuolo Lobb M. (2016). Isomorphism: A Bridge to Connect Gestalt Therapy, Gestalt Theory and Neurosciences. *Gestalt Theory*, vo. 38, No. 1, pp. 41-56.

Spagnuolo Lobb M. (2016). Las experiencias sexuales en el contexto de la psicoterapia Gestalt postmoderna. *Figura/Fondo*, n. 39

Spagnuolo Lobb M. (2015). The Body as a “Vehicle” of our Being in the World. Somatic experience in Gestalt therapy. *British Gestalt Journal*. Vol. 24, No. 2, pp. 21-31.

Spagnuolo Lobb M. (2013). From the need for aggression to the need for rootedness: a Gestalt postmodern clinical and social perspective on conflict. *British Gestalt Journal*, vol. 22, No. 2, 32-39.

Spagnuolo Lobb M. (2013). Goodbye to Daniel N. Stern, M.D. (1934-2012): He confirmed Gestalt Therapy as an Outsider. In: *Gestalt Review*, 17(1), pp. 100-106. – see a more expanded article in *British Gestalt Journal*, vol. 22, n. 1, pp. 5-11.

Spagnuolo Lobb M. (2012). Toward a Developmental Perspective in Gestalt Therapy Theory and Practice: The Polyphonic Development of Domains. In: *Gestalt Review*, 16 (3): 222-244.

Spagnuolo Lobb M. (2011). In dialogue with Donna Orange. In: *Gestalt Journal of Australia and New Zealand*, vol. 7. No. 2, pp. 5-14.

Spagnuolo Lobb M., (2009), Is Oedipus Still Necessary in the Therapeutic Room? Sexuality and Love as Emerging at the Contact-Boundary in a Situational Field, in: *Gestalt Review*, vol. 13, n. 1, 47-61.

Spagnuolo Lobb M. (2007), Ego, Hunger and Aggression: Do We Bite in the Same Way as in the 50s? A Contribution to the Development of the Concept of Aggression in Gestalt Therapy Theory and Practice, in: *Gestalt Review*, vol. 11, No. 3, 239-243

## Chapters in Books

Spagnuolo Lobb M. (2016). Gestalt Therapy with Children: Supporting the Polyphonic Development of Domains in a Field of Contacts. In: Spagnuolo Lobb M., Levi N., Williams A. D. (2016) (Eds.). *Gestalt Therapy with Children: From Epistemology to Clinical Practice*. Siracuse: istituto di Gestalt HCC Italy Publ. ([www.gestalt.it/eng](http://www.gestalt.it/eng)).

Spagnuolo Lobb M. (2016). Interview. In: Feckova A., Wimmer B. *Women in Gestalt Therapy. Autobiographical Reflections and Future Prospects in Contemporary Interviews*. Siracuse: istituto di Gestalt HCC Italy Publ. ([www.gestalt.it/eng](http://www.gestalt.it/eng)), pp. 215-225.

Spagnuolo Lobb M. (2016). Le self en tant que contact. Le contact en tant que self. Contribution pour enraciner l’expérience selon la théorie du self en gestalt thérapie. In: Robine J.M. (Ed.). *Self. Une polyphonie de gestalt-thérapeutes contemporains*. St. Romain la Virvée (France): L’Exprimerie, pp. 279-309.

Spagnuolo Lobb M. (2016). Self as contact, contact as self. A contribution to ground experience in Gestalt Therapy theory of self. In: Robine J.M. (Ed.). *Self. A Poliphony of Contemporary Gestalt Therapists*. St. Romain la Virvée (France): L'Exprimerie, pp. 261-289. (available also in Spanish, French, Italian)

Spagnuolo Lobb M. (2015). Researching in Gestalt Therapy: a way for developing our model. In: J. Roubal (ed.). *Towards a Research Tradition in Gestalt Therapy*, :Cambridge Scholars Publishing, 46-55.

Spagnuolo Lobb M. (2015). Stress and organizational well-being. A Gestalt organizational consulting method supported by grounded theory. In: J. Roubal, P. Brownell, G. Francesetti, J. Melnick, J. Zeleskov-Djoric (eds.). *Towards a Research Tradition in Gestalt Therapy*. Gestalt Research Press.

Spagnuolo Lobb M. (2015). Gestalt Therapy Perspective on Depressive Experiences: An Introduction. In: Francesetti G. (a cura di), *Absence is the Bridge Between Us. Gestalt Therapy Perspective on Depressive Experiences*. Siracuse: Istituto di Gestalt HCC Italy Publ. ([www.gestalt.it/eng](http://www.gestalt.it/eng)), pp. 35-63.

Spagnuolo Lobb M. (2014). Aggression and Conflict in Post Modern Society and in Psychotherapy. In: Bloom D., O'Neill B. (eds.). *The New York Institute for Gestalt Therapy in the 21st Century. An Anthology of Published Writings since 2000*. pp. 109-124.

Spagnuolo Lobb M. (2013). Human Rights and Social Responsibility in Gestalt Therapy Training. In: Klaren G., Levi N., Vidaković I. *Yes we care!. Social, political and cultural relationships as therapy's ground, a Gestalt perspective*. The Netherlands: European Association for Gestalt Therapy. pp. 71-83.

Spagnuolo Lobb M. (2013). Gestalt Therapy in Italy. In: O'Leary E. (Ed.). *Gestalt Therapy Around the World*. West Sussex (UK): Wiley & Sons, pp. 195-210.

Spagnuolo Lobb M. (2013). Fundamentals and development of Gestalt Therapy in the Contemporary Context. (Commented by Gordon Wheeler). In: Francesetti G., Gecele M., Roubal J. (eds.), *Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact*, Siracuse: Istituto di Gestalt HCC Italy Publ. ([www.gestalt.it/eng](http://www.gestalt.it/eng)), pp. 27-57.

Spagnuolo Lobb M. (2013). Borderline. The Wound of the Boundary. (Commented by Christine Stevens). In: Francesetti G., Gecele M., Roubal J. (eds.). *Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact*, Siracuse: Istituto di Gestalt HCC Italy Publ. ([www.gestalt.it/eng](http://www.gestalt.it/eng)), pp. 609-641.

Spagnuolo Lobb M. (2010), The Therapeutic Relationship in Gestalt Therapy, in: Jabobs L., Hycner R. (editors), *Relational Approaches in Gestalt Therapy*, Santa Cruz, CA: Gestalt Press, published and distributed by Routledge, Taylor and Francis Group New York, pp. 111-129.

Spagnuolo Lobb M. (2009), Cocreation and the Contact Boundary in the Therapeutic Situation, in: Ullman D. and Wheeler G. *Cocreating the Field: Intention and Practise in the Age of Complexity. The Evolution of Gestalt Series*, vol. 1, New York: Routledge, Taylor and Francis for Gestalt Press, pp. 101-134.

Spagnuolo Lobb M. (2008), Being at the Contact Boundary with the Other: The Challenge of Every Couple, in: Lee R. G., *The Secret Language of Intimacy. Releasing the Hidden Power in Couple Relationships*, Gestaltpress, California, pp. 87-116.

Spagnuolo Lobb M. (2007), *Do we need a psychotherapeutic approach to Panic Attacks?*, in: Francesetti G. (ed.), "Panic Attacks and Postmodernity. Gestalt Therapy Between clinical and social", Milano, Angeli

Spagnuolo Lobb M. (2005), *Classical Gestalt Therapy Theory*, in: Woldt A.L. and Toman S. M. (Eds.), "Gestalt Therapy. History, Theory, and Practice", Sage Publications, California, USA, pp. 21-39.

Spagnuolo Lobb M. (2003), Therapeutic meeting as improvisational co-creation. In M. Spagnuolo Lobb & N. Amendt-Lyon (Eds.). *Creative license: The Art of Gestalt Therapy*, Vienna and New York: Springer, pp. 37-49.

Spagnuolo Lobb M. (2003), Creative adjustment in madness: A Gestalt therapy model for seriously disturbed patients. In M. Spagnuolo Lobb & N. Amendt-Lyon (Eds.), *Creative license: The Art of Gestalt Therapy*, Vienna & New York: Springer, pp. 261-277