

Margherita Spagnuolo Lobb – suggested readings in English language (books, articles, chapters)

For publications in Italian and other languages click here
https://www.gestalt.it/chi-siamo/writings_margherita.pdf

Margherita Spagnuolo Lobb, psychologist, licensed psychotherapist, international trainer, director since 1979 of the Istituto di Gestalt HCC Italy, approved by the Italian Minister for the Universities (Milan, Palermo and Siracusa). She trained with Isadore From (who was also her therapist) and with Erving and Miriam Polster; Daniel Stern has been an important trainer of hers. Past President of the European Association for Gestalt Therapy (EAGT), Founder and Honorary President of the Italian Association for Gestalt Psychotherapy (SIPG). She has received the Lifelong Achievement Award from the Association for the Advancement of Gestalt Therapy (AAGT) (Toronto, Canada, August 2018).

Books

Spagnuolo Lobb M., Cavaleri P.A., Eds. (2022). *Psycopathology of the Situation. Gestalt Therapy in the Clinical Fields of Human Relations*. London: Routledge.

Spagnuolo Lobb M., Meulmeester F., Eds. (2019). *Gestalt Approaches with Organisations*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com). ISBN: 978-88-989-1228-5

Spagnuolo Lobb M., Bloom D., Roubal J., Zeleskov Djoric J., Cannavò M., La Rosa R., Tosi S., Pinna V., Eds. (2018). *The Aesthetic of Otherness: meeting at the boundary in a desensitized world, Proceedings*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com).

Spagnuolo Lobb M., Levi N., Williams A. D., Eds. (2016). *Gestalt Therapy with Children: From Epistemology to Clinical Practice*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com).

Spagnuolo Lobb M. (2013). *The Now-for-Next in Psychotherapy. Gestalt Therapy Recounted in Post-Modern Society*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. (<http://www.gestaltitaly.com>) (available in English, Russian, Spanish, French, Italian, Romanian, other translations in due course).

Spagnuolo Lobb M. & Amendt-Lyon N., Eds. (2003). *Creative license: The Art of Gestalt Therapy*, Vienna & New York: Springer (French translation: L'Exprimerie 2004; German translation: Springer 2004; Italian translation: FrancoAngeli 2007)

Articles in scientific journals

Spagnuolo Lobb M., Perricone G., Iacono Isidoro S., Di Pasqua M.M., Marotta S., Fontana V., Polizzi C. (2023). A tool to observe the phenomenology and aesthetics of primary relationships: the “dance steps” of reciprocity between caregivers and infant/child – Pilot validity study. *Journal of Pediatric and Neonatal Individualized Medicine*, 12(1): e120125. DOI: 10.7363/120125

Spagnuolo Lobb M., Sciacca F., Iacono Isidoro S., Di Nuovo S. (2022). The Therapist’s Intuition and Responsiveness: What Makes the Difference between Expert and in Training Gestalt Psychotherapists. *Eur. J. Investig. Health Psychol. Educ.*, 12: 1842–1851. DOI: 10.3390/ejihpe12120129

Spagnuolo Lobb M., Sciacca F., Iacono Isidoro S., Hichy Z. (2022). A Measure for Psychotherapist’s Intuition: Construction, Development, and Pilot Study of the Aesthetic Relational Knowledge Scale (ARKS). *The Humanistic Psychologist*, 50 (1): *in press*. DOI: 10.1037/hum0000278

Spagnuolo Lobb M. (2021). Living in a 50 Degrees Environment. *UKAGP – The UK Association for Gestalt Practitioners*.

Spagnuolo Lobb M., Tosi S. (2021). The Aesthetics of Contact with Anna and the Dance of Reciprocity between Therapist and Patient. *International Journal of Psychotherapy [A Special Issue: First Online Session with an Adolescent Girl From 12 Different Perspectives, Spagnuolo Lobb M., Migone P., Manca M.L., Eds.]*, 25(2): 61-66

Spagnuolo Lobb M. (2020). The Relational Turn of Gestalt Therapy Clinical Practice: From the “empty chair” to the “dance of reciprocity” in the field. *International Journal of Psychotherapy*, 24, 3: 17-31. DOI: 10.36075/IJP.2020.24.3.3/Lobb

Spagnuolo Lobb M. (2020). Gestalt therapy during coronavirus: Sensing the experiential ground and “dancing” with reciprocity. *The Humanistic Psychologist*, 48(4):397-409. DOI: 10.1037/hum0000228

Spagnuolo Lobb M. (2020). Dialogues on psychotherapy at the time of coronavirus: An introduction. *The Humanistic Psychologist*, 48(4): 340-346. DOI: 10.1037/hum0000210

Spagnuolo Lobb M., Sciacca F., Di Rosa A.R., Mazzone M. (2020). Bodily and Emotional Activation in Pain: Bridging Neurosciences and Gestalt Therapy to Understand the Therapist’s Wish for Help. *Psychology*, 11(12):2102-2112. DOI: 10.4236/psych.2020.1112131

Alcaro A., Iacono Isidoro S., Conversi D., Accoto A., Spagnuolo Lobb M. (2020). The Emotional Personality of Psychotherapists: A Pilot Research with Gestalt-Therapy Clinicians. *Psychology*, 11(11):1628-1645. DOI: 10.4236/psych.2020.1111103

Brownell P., Spagnuolo Lobb M., Herrera Salinas P., Schulthess P. (2020). Response to Hosemans and Philippson's Letter, 'Furthering the critique of the GTFS'. *British Gestalt Journal*, 29, 1: 51–56

Spagnuolo Lobb M. (2019). The Paradigm of Reciprocity: How to Radically Respect Spontaneity in Clinical Practice. *Gestalt Review*, 23,3: 234-254.

La Rosa R., Tosi S., Settanni M., Spagnuolo Lobb M., Francesetti G. (2019). The outcome research in Gestalt therapy: the Italian CORE-OM research project. *British Gestalt Journal*, 28, 2: 14–22.

Spagnuolo Lobb M. (2019). To become a Gestalt psychotherapist within a group: ethics of a teaching/learning community. *New Gestalt Voices*, 5: 31-40.

Spagnuolo Lobb M. (2018). Aesthetic Relational Knowledge of the Field: A Revised Concept of Awareness in Gestalt Therapy and Contemporary Psychiatry. *Gestalt Review*, 22 (1): 50-68.

Spagnuolo Lobb M. (2017). Phenomenology and aesthetic recognition of the dance between psychotherapist and client: a clinical example. *British Gestalt Journal*, 26 (2): 50-56.

Spagnuolo Lobb M. (2017). From losses of ego functions to the dance steps between psychotherapist and client. Phenomenology and aesthetics of contact in the psychotherapeutic field. *British Gestalt Journal*, 26 (1): 28-37.

Spagnuolo Lobb M. (2016). Psychotherapy in Post Modern Society. *Gestalt Today Malta*, 1 (1): 97-113. ISSN 2519-0547

Spagnuolo Lobb M. (2016). Isomorphism: A Bridge to Connect Gestalt Therapy, Gestalt Theory and Neurosciences. *Gestalt Theory*, 38 (1): 41-56.

Spagnuolo Lobb M. (2015). The Body as a "Vehicle" of our Being in the World. Somatic experience in Gestalt therapy. *British Gestalt Journal*, 24 (2): 21-31.

Spagnuolo Lobb M. (2013). From the need for aggression to the need for rootedness: a Gestalt postmodern clinical and social perspective on conflict. *British Gestalt Journal*, 22 (2): 32-39.

Spagnuolo Lobb M. (2013). Goodbye to Daniel N. Stern, M.D. (1934-2012): He confirmed Gestalt Therapy as an Outsider. *Gestalt Review*, 17(1), pp. 100-106. – see a more expanded article in *British Gestalt Journal*, 22 (1): 5-11.

Spagnuolo Lobb M. (2012). Toward a Developmental Perspective in Gestalt Therapy Theory and Practice: The Polyphonic Development of Domains. *Gestalt Review*, 16 (3): 222-244.

Spagnuolo Lobb M. (2011). In dialogue with Donna Orange. *Gestalt Journal of Australia and New Zealand*, 7 (2): 5-14.

Spagnuolo Lobb M. (2009). Is Oedipus Still Necessary in the Therapeutic Room? Sexuality and Love as Emerging at the Contact-Boundary in a Situational Field. *Gestalt Review*, 13 (1): 47-61.

Spagnuolo Lobb M. (2007). Ego, Hunger and Aggression: Do We Bite in the Same Way as in the 50s? A Contribution to the Development of the Concept of Aggression in Gestalt Therapy Theory and Practice. *Gestalt Review*, 11 (3): 239-243.

Chapters in Books

Spagnuolo Lobb M., Cavaleri P.A. (2022). Psychopathological Situations in a Post-Pandemic World. Relational Gestalt Therapy in Emergent Clinical Fields. In: Spagnuolo Lobb M., Cavaleri P.A., Eds. *Psychopathology of the Situation. Gestalt Therapy in the Clinical Fields of Human Relations*. London: Routledge

Spagnuolo Lobb M. (2022). Working on the Ground, on Aesthetics, and on the “Dance”. Aesthetic Relational Knowledge and Reciprocity In: Spagnuolo Lobb M., Cavaleri P.A., Eds. *Psychopathology of the Situation. Gestalt Therapy in the Clinical Fields of Human Relations*. London: Routledge

Spagnuolo Lobb M., Conte E., Mione M. (2022). The Gestalt Clinical Data Sheet: a Phenomenological, Aesthetic, and Field Instrument for Gestalt Psychotherapy and Supervision. In: Spagnuolo Lobb M., Cavaleri P.A., Eds. *Psychopathology of the Situation. Gestalt Therapy in the Clinical Fields of Human Relations*. London: Routledge

Spagnuolo Lobb M. (2022). Aesthetic Relational Knowledge and the Dance of Reciprocity in the Therapeutic Field: Post-pandemic Gestalt Therapy in Practice. In: Cole P., Ed. *The Relational Heart of Gestalt Therapy and Possible Time*. London: Routledge

Spagnuolo Lobb M. (2020). Afterword. In: Polster E. *Enchantment and Gestalt Therapy. Partners in Exploring Life*. London, UK: Routledge, pp. 155-162

Spagnuolo Lobb M. (2019). Individual and Organisational Well-being. A Matter of Field. In: Spagnuolo Lobb M., Meulmeester F. (Eds.) *Gestalt Approaches with Organisations*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 101-125. ISBN: 978-88-989-1228-5

Spagnuolo Lobb M., Meulmeester F. (2019). Basic Principles of Gestalt Approach in Organisations. A Psychotherapy Applied to the Working World or an Autonomous Profession? In: Spagnuolo Lobb M., Meulmeester F. (Eds.) *Gestalt Approaches with Organisations*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 27-50. ISBN: 978-88-989-1228-5

Spagnuolo Lobb M., Meulmeester F. (2019). Introduction. In: Spagnuolo Lobb M., Meulmeester F. (Eds.) *Gestalt Approaches with Organisations*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 17-22. ISBN: 978-88-989-1228-5

Spagnuolo Lobb M. (2019) Teaching and Conducting Gestalt Research through the Istituto di Gestalt HCC Italy: Capturing the Vitality of Relationships in Research. In: Brownell P., Ed. *Handbook for Theory, Research, and Practice in Gestalt Therapy* (2nd Edition). Cambridge: Scholars Publishing, pp. 370-397. ISBN: 9781527527874

Spagnuolo Lobb M. (2018). Figure and Ground Experiences of the Self. Integrating Development and Psychopathology in Research and Clinical Practice. In: Spagnuolo Lobb M., Bloom D., Roubal J., Zeleskov Djoric J., Cannavò M., La Rosa R., Tosi S., Pinna V., Eds. *The Aesthetic of Otherness: meeting at the boundary in a desensitized world, Proceedings*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 423-439.

Spagnuolo Lobb M. (2018). Comment to My Other's Keeper: Resources for the Ethical Turn in Psychotherapy, by Donna M. Orange. In: Spagnuolo Lobb M., Bloom D., Roubal J., Zeleskov Djoric J., Cannavò M., La Rosa R., Tosi S., Pinna V., Eds. *The Aesthetic of Otherness: meeting at the boundary in a desensitized world, Proceedings*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 41-44.

Spagnuolo Lobb M., Bloom D., Roubal J., Zeleskov Djoric J., Cannavò M., La Rosa R., Tosi S., Pinna V. (2018). Introduction. In: Spagnuolo Lobb M., Bloom D., Roubal J., Zeleskov Djoric J., Cannavò M., La Rosa R., Tosi S., Pinna V., Eds. *The Aesthetic of Otherness: meeting at the boundary in a desensitized world, Proceedings*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 13-15

Spagnuolo Lobb M. (2018). Introductory note. In: Dreitzel H.P. *The Art of Living and the Joy of Life. Developing and Maturity in a Changing World*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 9-10

Spagnuolo Lobb M. (2016). Gestalt Therapy with Children: Supporting the Polyphonic development of Domains in a Field of Contacts. In: Spagnuolo Lobb M., Levi N., Williams A. D. (2016) (Eds.). *Gestalt Therapy with Children: From Epistemology to Clinical Practice*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com).

Spagnuolo Lobb M. (2016). Interview. In: Feckova A., Wimmer B. *Women in Gestalt Therapy. Autobiographical Reflections and Future Prospects in Contemporary Interviews*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 215-225.

Spagnuolo Lobb M. (2016). Self as contact, contact as self. A contribution to ground experience in Gestalt Therapy theory of self. In: Robine J.M. (Ed.). *Self. A Poliphony of Contemporary Gestalt Therapists*. St. Romain la Virvée (France): L'Exprimerie, pp. 261-289. (available also in Spanish, French, Italian)

Spagnuolo Lobb M. (2015). Researching in Gestalt Therapy: a way for developing our model. In: J. Roubal, Ed. *Towards a Research Tradition in Gestalt Therapy*, Cambridge Scholars Publishing, 46-55.

Spagnuolo Lobb M. (2015). Stress and organizational well-being. A Gestalt organizational consulting method supported by grounded theory. In: J. Roubal, P. Brownell, G. Francesetti, J. Melnick, J. Zeleskov-Djoric., Eds. *Towards a Research Tradition in Gestalt Therapy*. Gestalt Research Press.

Spagnuolo Lobb M. (2015). Gestalt Therapy Perspective on Depressive Experiences: An Introduction. In: Francesetti G., Ed. *Absence is the Bridge Between Us. Gestalt Therapy Perspective on Depressive Experiences*. Siracuse: Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 35-63.

Spagnuolo Lobb M. (2014). Aggression and Conflict in Post Modern Society and in Psychotherapy. In: Bloom D., O'Neill B., Eds. *The New York Institute for Gestalt Therapy in the 21st Century. An Anthology of Published Writings since 2000*. pp. 109-124.

Spagnuolo Lobb M. (2013). Human Rights and Social Responsibility in Gestalt Therapy Training. In: Klaren G., Levi N., Vidaković I. *Yes we care!. Social, political and cultural relationships as*

therapy's ground, a Gestalt perspective. The Netherlands: European Association for Gestalt Therapy. pp. 71-83.

Spagnuolo Lobb M. (2013). Gestalt Therapy in Italy. In: O'Leary E., Ed. *Gestalt Therapy Around the World*. West Sussex (UK): Wiley & Sons, pp. 195-210.

Spagnuolo Lobb M. (2013). Fundamentals and development of Gestalt Therapy in the Contemporary Context. (Commented by Gordon Wheeler). In: Francesetti G., Gecele M., Roubal J., Eds. *Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact*, Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 27-57.

Spagnuolo Lobb M. (2013). Borderline. The Wound of the Boundary. (Commented by Christine Stevens). In: Francesetti G., Gecele M., Roubal J., Eds. *Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact*, Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com), pp. 609-641.

Spagnuolo Lobb M. (2010), The Therapeutic Relationship in Gestalt Therapy. In: Jabobs L., Hycner R., Eds. *Relational Approaches in Gestalt Therapy*, Santa Cruz, CA: Gestalt Press, published and distributed by Routledge, Taylor and Francis Group New York, pp. 111-129.

Spagnuolo Lobb M. (2009), Cocreation and the Contact Boundary in the Therapeutic Situation. In: Ullman D. and Wheeler G. *Cocreating the Field: Intention and Practise in the Age of Complexity*. The Evolution of Gestalt Series, vol. 1, New York: Routledge, Taylor and Francis for Gestalt Press, pp. 101-134.

Spagnuolo Lobb M. (2008), Being at the Contact Boundary with the Other: The Challenge of Every Couple, in: Lee R. G., *The Secret Language of Intimacy. Releasing the Hidden Power in Couple Relationships*, California: Gestaltpress, pp. 87-116.

Spagnuolo Lobb M. (2007), Do we need a psychoterapeutic approach to Panic Attacks? In: Francesetti G., Ed. *Panic Attacks and Postmodernity. Gestalt Therapy Between clinical and social*. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com).

Spagnuolo Lobb M. (2005). Classical Gestalt Therapy Theory. In: Woldt A.L. and Toman S. M., Eds. *Gestalt Therapy. History, Theory, and Practice*, California, USA: Sage Publications, pp. 21-39.

Spagnuolo Lobb M. (2003). Therapeutic meeting as improvisational co-creation. In: Spagnuolo Lobb M. & Amendt-Lyon N., Eds. *Creative license: The Art of Gestalt Therapy*, Vienna and New York: Springer, pp. 37-49.

Spagnuolo Lobb M. (2003), Creative adjustment in madness: A Gestalt therapy model for seriously disturbed patients. In: Spagnuolo Lobb M. & Amendt-Lyon N., Eds. *Creative license: The Art of Gestalt Therapy*, Vienna & New York: Springer, pp. 261-277