

Research's title	In cooperation with	Aim	How we are progressing	Contact persons
Outcome research				
CORE- OM (Clinical Outcome in Routine Evaluation – Outcome Measure)		- To validate effectiveness of Gestalt therapy approach, also in comparison with other approaches - To have a feed back on therapeutic work with clients	- CORE-OM is administered to all clients in the Institute's Clinical Centers - Gestalt Psychotherapists can join the project	Roberta La Rosa roberta.larosa@gestalt.it Silvia Tosi silviatosi65@gmail.com
SPRISTAD (Society for Psychotherapy Research - SPR - Interest Section on Therapist Training and Development) study	European Association for Psychotherapy (EAP)	- To track progressive changes over time in trainees as therapist - To identify influences that facilitate or impede trainee development.	- Trainees have been involved in the research - Exchanges with other training institutes who participate in the SPRISTAD are welcome	Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Serena Iacono Isidoro serena.iacono@gestalt.it
About the Aesthetic Relational Knowledge and the field				
<i>Perception of pain and taking care of the other</i>	Proff. Vittorio Gallese, Alessandra Umiltà (Parma University).	To study the hypothesis that the main therapeutic factor is the support to the energy for contact, to the "movement forward" that the patient "offers" to the therapist	The results have been analyzed. An article is under evaluation by a scientific journal	Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Federica Sciacca federica.sciacca@hotmail.com
Basic emotions studied by <i>Affective Neurosciences</i> (Panksepp) and <i>Aesthetic Relational Knowledge</i>	Antonio Alcaro, Department of Psychology, Sapienza University of Rome, Rome	How students of GT develop their therapeutic awareness	Affective Neuroscience Personality Scales (ANPS) has been administered to students of various levels and to Gestalt psychotherapists. How their Aesthetic Relational Knowledge is progressing has been assessed. An article is under evaluation by a scientific journal.	Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Antonio Alcaro antonioalcaro@yahoo.it
Researches on reciprocity: "Dance of reciprocity" (caregivers/child and therapist/client)				
<i>An observational tool to measure caregivers/child reciprocity</i> (for clinical, supervision and research purposes)	Paediatric Psychology Department, University of Palermo	- To describe the quality of the caregiver-child relationship in aesthetic and phenomenological terms (grace, rhythm, fluidity) - To give psychotherapists a practical tool to support specific dimensions of caregivers/child relationship - To provide caregivers a tool to describe the spontaneity/anxiety of their interactions with children	- The observational model has been validated - The observational grid is going to be validated	Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Serena Iacono Isidoro serena.iacono@gestalt.it Marilena Di Pasqua marilenadipasqua77@gmail.com Susanna Marotta susanna.marotta.gestalt@gmail.com Valentina Fontana valentina.fontana@unipa.it
<i>Non-verbal synchronicity during</i>	Wolfgang Tschacher	- Studying non-verbal synchronicity between	- Technical procedures to analyse video tracks of	Margherita Spagnuolo Lobb

<p><i>online psychotherapy</i> using MEA (Motion Energy Analysis)</p>	<p>(University of Bern, Switzerland)</p>	<p>therapist and client during online sessions - Investigate how synchronicity progresses in the time of the session</p>	<p>sessions is in progress - Any psychotherapist who can provide video tracks of online sessions can take part</p>	<p>margherita.spagnuolo@gestalt.it Serena Iacono Isidoro serena.iacono@gestalt.it Francesco Chianello francescosaveriochianello@gmail.com</p>
<p><i>“Dance Steps” between therapist and client. A questionnaire for therapist and client</i></p>	<p>CEFEX, Santiago de Chile Pablo Herrera Salinas, University of Santiago, Chile</p>	<p>- To examine their experience of reciprocity during the session</p>	<p>The items have been created and they are under evaluation.</p>	<p>Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it</p>
<p>Reciprocity in the <i>prosodic accommodation of therapist’s and client’s voices</i>, during clinical sessions</p>	<p>Carolina De Pasquale, research assistant at Technological University of Dublin</p>	<p>- Primary aim: Investigating whether improving in interpersonal patterns of behaviour during sessions can successfully be detected through speech prosody. - Secondary aim: Investigating whether the model of “dance steps” (Spagnuolo Lobb, 2017a, 2017b) can be used to explain interpersonal patterns of behaviour in psychotherapeutic sessions.</p>	<p>The audio tracks of the sessions via skype have been recorded and the analysis of the data is being carried out. The research is still in progress and it is possible to collaborate by providing audio recordings of online sessions (telepsychotherapy)</p>	<p>Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Carolina De Pasquale carolina.depasquale@dit.ie Serena Iacono Isidoro serena.iacono@gestalt.it Francesco Chianello francescosaveriochianello@gmail.com</p>
Researches on process and outcome				
<p>Monitoring of <i>psychotherapy process and outcome</i> in all clinical centers of the Institute with a <i>Clinical data sheet</i> that, based on Gestalt therapy theory and methodology</p>	<p>All clinical centers of Istituto di Gestalt HCC Italy (Milan, Vicenza, Siracusa, Palermo)</p>	<p>- To use a clinical form, in line with our theoretical and methodological frame of reference, for supervision and research - Make clinical comparisons among different clinical populations</p>	<p>The Clinical Form has been created and qualitatively validated by the staff of trainers at Istituto di Gestalt HCC Italy. It is now used by the therapists of all the clinical centers of the Institute, for self report and supervision. The data collected will be used for clinical research on psychotherapy process and outcome. The research is still in progress and it is possible to participate</p>	<p>Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Rosanna Biasi rosannabiasi@libero.it Graziana Arianna Busso grazianabusso@yahoo.it Roberta La Rosa roberta.larosa@gestalt.it Antonella Tavera antonella.tavera@gmail.com Silvia Tinaglia silvia.tinaglia@gmail.com Silvia Tosi silviatosi65@gmail.com</p>
<p>Action research in a model of <i>organizational consulting</i>: interview with the manager (qualitative research) and observation of group processes in work groups.</p>		<p>To provide a detailed report to management of organizations</p>	<p>- Spagnuolo Lobb M., Meulmeester F. (Eds.) (2019). Gestalt Approaches with Organisations. Siracusa (Italy): Istituto di Gestalt HCC Italy Publ. Co. (www.gestaltitaly.com) ISBN: 978-88-989-1228-5 - Romano F. (2016).</p>	<p>Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Floriana Romano floriana.romano@gmail.com</p>

			Organizational Well-being and Vitality of the Working Group: A Qualitative Study on a Business Consultation Model. In: J. Roubal (ed.). Towards a Research Tradition in Gestalt Therapy. Cambridge Scholars Publishing, 366-379 - Spagnuolo Lobb M. (2016). Stress and organizational well-being. A Gestalt organizational consulting method supported by grounded theory. In: J. Roubal (ed.). Towards a Research Tradition in Gestalt Therapy. Cambridge Scholars Publishing, 161-176	
Process (qualitative) researches				
<i>Single case time frame studies of borderline clients</i>	Pablo Herrera Salinas, Santiago University, Chile	- Contribute to evaluate and prove the efficacy of Gestalt Therapy. - Understand the therapy process better, learn what works and what doesn't, improve therapeutic practice and teaching of Gestalt therapy.	Whoever is interested can carry out a single case research with borderline patients using the protocol provided by the research directors	Margherita Spagnuolo Lobb margherita.spagnuolo@gestalt.it Pablo Herrera pabloherrerasalinas@gmail.com
Other researches				
Participation in the research on <i>Gestalt Therapy Fidelity Scale</i>	Madeleine Fogarty Melbourne University	- To detect the dimensions that constitute the internal coherence of the Gestalt therapy approach - To provide a tool to validate research with the Gestalt therapy approach	The research is finished, an article on <i>Psychotherapy Research</i> has been published: Fogarty M., Bhar S., & Theiler S. (2019). The Development and Validation of the Gestalt Therapy Fidelity Scale. <i>Psychotherapy Research</i> . DOI: 10.1080/10503307.2019.1571688. Other publications: - Fogarty M., Bhar S., Theiler S. and O'Shea L. (2016). What do Gestalt therapists do in the clinic? The expert consensus. <i>British Gestalt Journal</i> , 25, 1: 32-41. - Fogarty M., Bhar S., Theiler S., O'Shea L. (2017). Che cosa fanno i terapeuti della Gestalt nella pratica clinica? Il consenso degli esperti. <i>Quaderni di Gestalt</i> , XXX, 1: 69-90. DOI: 10.3280/GEST2017-001006	Madeleine Fogarty madeleine@madeleinefogarty.com